

CERTIFICATE OF PARTICIPATION

This is to certify that

Denise Carlisle

Has successfully participated & completed the
5km Shift Wellness - Summer Trail Run
held at Walter Sisulu Garden.

TIME 00:52:57

PACE 10:34/km
OVERALL 48 of 114

GENDER 25 of 72
50 - 59 4 of 10

27 January 2019, Sun

Date



BoutTime

Signature

